

South East Wales Regional Junior Development Meet 2013

TWO DAY PROGRAMME OF EVENTS

Session One					
Saturday 18th May Warm up 8.30 am					
Event No	Age	Gender	Distance	Stroke	
1	11 & 12yrs	Boys	200m	Freestyle	HDW
2	10 & 11yrs	Girls	200m	Freestyle	HDW
3	10yrs	Boys	50m	Breaststroke	HDW
4	9 yrs	Girls	50m	Breaststroke	HDW
5	8/9 yrs	Boys	25m	Backstroke	HDW
6	8 yrs	Girls	25m	Backstroke	HDW
Session Two					
Saturday 18th May					
7	11 & 12yrs	Boys	100m	Butterfly	HDW
8	10 & 11yrs	Girls	100m	Butterfly	HDW
9	10 yrs	Boys	100m	Freestyle	HDW
10	9 yrs	Girls	100m	Freestyle	HDW
11	8/9 yrs	Boys	25m	Breaststroke	HDW
12	8 yrs	Girls	25m	Breaststroke	HDW
Session Three					
Saturday 18th May					
13	11 & 12yrs	Boys	200m	Individual Medley	HDW
14	10 & 11yrs	Girls	200m	Individual Medley	HDW
15	10yrs	Boys	100m	Individual Medley	HDW
16	9yrs	Girls	100m	Individual Medley	HDW
17	8/9yrs	Boys	100m	Individual Medley	HDW
18	8yrs	Girls	100m	Individual Medley	HDW
Session Four					
Sunday 19th May Warm up 8.30 am					
19	11 & 12yrs	Boys	100m	Breaststroke	HDW
20	10 & 11yrs	Girls	100m	Breaststroke	HDW
21	10yrs	Boys	50m	Butterfly	HDW
22	9yrs	Girls	50m	Butterfly	HDW
23	8/9	Boys	50m	Freestyle	HDW
24	8yrs	Girls	50m	Freestyle	HDW
Session Five					
Sunday 19th May					
25	11 & 12yrs	Boys	100m	Backstroke	HDW
26	10 & 11yrs	Girls	100m	Backstroke	HDW
27	10yrs	Boys	50m	Backstroke	HDW
28	9yrs	Girls	50m	Backstroke	HDW
29	8/9yrs	Boys	25m	Butterfly	HDW
30	8yrs	Girls	25m	Butterfly	HDW
Session Six					
Sunday 19th May					
31	11/12 yrs	Boys	4 x 50m	Medley Relay	HDW
32	10/11yrs	Girls	4 x 50m	Medley Relay	HDW
33	8/10yrs	Boys	4 x 25m	Medley Relay	HDW
34	8/9yrs	Girls	4 x 25m	Medley Relay	HDW
35	11/12 yrs	Boys	4 x 50m	Freestyle Relay	HDW
36	10/11yrs	Girls	4 x 50m	Freestyle Relay	HDW
37	8/10yrs	Boys	4 x 25m	Freestyle Relay	HDW
38	8/9yrs	Girls	4 x 25m	Freestyle Relay	HDW

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