

Welsh Summer Open Meet 2015 - 23/07/2015 to 29/07/2015**Results - Session 4 - Warm up 8.00am (2 x 25mins)****Event 12 Boys 11-12 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Davies, Aneurin	11	Swansea Aquatics	3:05.30	2:58.82	q
42.27	1:27.51 (45.24)	2:13.35 (45.84)	2:58.82 (45.47)		
2 Casewell, James	12	City of Hereford	3:06.06	3:00.36	q
41.22	1:27.37 (46.15)	2:14.00 (46.63)	3:00.36 (46.36)		
3 Bleekendaal, Zack	12	Maidenhead	3:02.34	3:03.71	q
41.42	1:28.57 (47.15)	2:17.21 (48.64)	3:03.71 (46.50)		
4 Gallagher, Dylan	12	TauntonDeane	2:55.81	3:03.72	q
42.14	1:28.60 (46.46)	2:16.11 (47.51)	3:03.72 (47.61)		
5 Szentpeteri, Mark	11	Alton & District	3:04.52	3:03.97	q
43.74	1:30.95 (47.21)	2:18.56 (47.61)	3:03.97 (45.41)		
6 Coppen, Jensen	12	City Of Newport	3:12.40	3:05.63	q
42.10	1:29.82 (47.72)	2:19.57 (49.75)	3:05.63 (46.06)		
7 Salmon, Carwyn	12	Llantrisant Sharks	3:10.90	3:15.31	q
44.18	1:33.48 (49.30)	2:26.20 (52.72)	3:15.31 (49.11)		
8 Goodison, Jacob	12	City of Leeds Asc	3:44.70	3:16.39	q
44.79	1:34.42 (49.63)	2:25.96 (51.54)	3:16.39 (50.43)		
9 Lapsley, Myles	12	Swim West Lothian	3:20.30	3:17.01	
42.57	1:32.49 (49.92)	2:25.50 (53.01)	3:17.01 (51.51)		
10 Knowles, Tomos	12	Dorking Swimming Club	3:16.38	3:19.29	
45.39	1:36.18 (50.79)	2:27.85 (51.67)	3:19.29 (51.44)		
11 Sturley, Toby	11	Pembrokeshire County	3:25.43	3:24.96	
48.60	1:41.33 (52.73)	2:34.05 (52.72)	3:24.96 (50.91)		
12 Smith, George	12	City of Leeds Asc	3:27.72	3:25.09	
45.61	1:39.01 (53.40)	2:32.17 (53.16)	3:25.09 (52.92)		
13 Shields, Charlie	11	Pembrokeshire County	3:25.65	3:25.84	
47.22	1:42.03 (54.81)	2:37.72 (55.69)	3:25.84 (48.12)		
14 James, Jake	12	Pembrokeshire County	3:28.66	3:27.06	
48.32	1:41.74 (53.42)	2:36.16 (54.42)	3:27.06 (50.90)		
15 Young, Ellis	12	City of Cardiff Swimming Club	3:33.26	3:30.95	
48.66	1:45.42 (56.76)	2:39.44 (54.02)	3:30.95 (51.51)		
16 Moran, Zak	12	City of Leeds Asc	3:41.70	3:33.95	
48.14	1:43.42 (55.28)	2:38.94 (55.52)	3:33.95 (55.01)		
17 Rodriguez, Antonio	11	Swansea Aquatics	3:41.89	3:37.67	
50.61	1:45.78 (55.17)	2:43.03 (57.25)	3:37.67 (54.64)		
18 Ellis-Sixsmith, Ethan	12	Buckley	3:40.10	3:40.04	
49.59	1:45.51 (55.92)	2:42.72 (57.21)	3:40.04 (57.32)		
19 Fitzsimmons, Arron	11	Pembrokeshire County	3:38.19	3:41.72	
47.85	1:45.93 (58.08)	2:46.44 (1:00.51)	3:41.72 (55.28)		
20 Thomas, Joshua	12	Swansea Aquatics	3:46.00	3:42.28	
50.04	1:45.69 (55.65)	2:44.53 (58.84)	3:42.28 (57.75)		
21 Clement, Logan	11	Llantrisant Sharks	3:41.84	3:42.75	
48.93	1:46.21 (57.28)	2:45.49 (59.28)	3:42.75 (57.26)		
22 Jones, Harry	12	Celtic Dolphins	3:38.10	3:44.90	
49.71	1:48.41 (58.70)	2:47.18 (58.77)	3:44.90 (57.72)		
23 Griffiths, Owyn	12	Pembrokeshire County	3:44.20	3:46.75	
49.83	1:49.27 (59.44)	2:49.77 (1:00.50)	3:46.75 (56.98)		
24 Matthews, Morgan	11	Welshpool Sharks	3:37.40	3:48.42	
49.61	1:49.62 (1:00.01)	2:51.40 (1:01.78)	3:48.42 (57.02)		
25 Garton, Daniel	12	Maxwell	3:42.00	3:48.58	
51.55	1:50.62 (59.07)	2:50.54 (59.92)	3:48.58 (58.04)		
26 Bowers, Jonathan	11	Bebington Swimming Club	3:44.03	3:50.63	
53.30	1:50.63 (57.33)	2:50.60 (59.97)	3:50.63 (1:00.03)		

Welsh Summer Open Meet 2015 - 23/07/2015 to 29/07/2015**Results - Session 4 - Warm up 8.00am (2 x 25mins)****Event 12 Boys 13 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Williams, Rhodri	13	Ruthin Asc	2:46.02	2:47.31	q
37.08	1:20.23 (43.15)	2:03.97 (43.74)	2:47.31 (43.34)		
2 Savva, Theo	13	City of Cardiff Swimming Club	2:54.79	2:50.03	q
37.92	1:22.00 (44.08)	2:06.78 (44.78)	2:50.03 (43.25)		
3 Rickard-Frost, Celyn	13	City of Cardiff Swimming Club	3:04.64	2:55.14	q
40.88	1:26.12 (45.24)	2:10.75 (44.63)	2:55.14 (44.39)		
4 Macdonald, Alexander	13	Guildford Ct	2:58.91	2:56.87	q
39.42	1:24.42 (45.00)	2:10.76 (46.34)	2:56.87 (46.11)		
5 Richards, Matthew	13	Worcester	3:00.85	2:57.86	q
41.02	1:26.84 (45.82)	2:13.38 (46.54)	2:57.86 (44.48)		
6 Yeomans, Matthew	13	City of Leeds Asc	3:02.15	3:02.07	q
42.26	1:28.76 (46.50)	2:15.98 (47.22)	3:02.07 (46.09)		
7 Williams, Henry	13	City of Leeds Asc	3:03.77	3:02.94	q
41.78	1:28.70 (46.92)	2:16.50 (47.80)	3:02.94 (46.44)		
8 Harris, Max	13	City Of Newport	2:58.58	3:03.09	q
41.58	1:28.21 (46.63)	2:16.35 (48.14)	3:03.09 (46.74)		
9 Barrett, Sean	13	Pembrokeshire County	3:09.33	3:03.44	
42.96	1:30.19 (47.23)	2:17.22 (47.03)	3:03.44 (46.22)		
10 Coventry, Scott	13	Sevenoaks Swimming Club	2:56.59	3:04.14	
40.14	1:27.10 (46.96)	2:15.72 (48.62)	3:04.14 (48.42)		
11 Maskill, Jack	13	City of Leeds Asc	2:59.99	3:05.89	
44.65	1:32.04 (47.39)	2:19.73 (47.69)	3:05.89 (46.16)		
12 Strydom, Andre	13	Sevenoaks Swimming Club	3:02.20	3:06.79	
42.46	1:31.52 (49.06)	2:20.52 (49.00)	3:06.79 (46.27)		
13 Chooyin, Benjamin	13	City of Cardiff Swimming Club	3:02.93	3:08.13	
42.96	1:31.74 (48.78)	2:21.00 (49.26)	3:08.13 (47.13)		
14 Ellis, Kristian	13	Mold Asc	3:10.20	3:08.20	
43.67	1:32.19 (48.52)	2:20.43 (48.24)	3:08.20 (47.77)		
15 Dwyer, William	13	Swansea Aquatics	3:09.81	3:10.21	
44.06	1:32.59 (48.53)	2:21.65 (49.06)	3:10.21 (48.56)		
16 Thompson, Morgan	13	City of Cardiff Swimming Club	3:10.30	3:12.14	
41.72	1:29.66 (47.94)	2:21.63 (51.97)	3:12.14 (50.51)		
17 O'Hara, Jacob	13	Seagulls SC	3:06.20	3:12.17	
44.25	1:33.60 (49.35)	2:22.86 (49.26)	3:12.17 (49.31)		
18 Bowers, Benjamin	13	Bebington Swimming Club	3:09.60	3:13.26	
43.95	1:33.11 (49.16)	2:24.36 (51.25)	3:13.26 (48.90)		
19 Ferrigan, Owen	13	Saxon Crown	3:08.00	3:15.77	
43.56	1:34.78 (51.22)	2:26.20 (51.42)	3:15.77 (49.57)		
20 Percy, Dominic	13	Sevenoaks Swimming Club	3:06.10	3:17.20	
43.55	1:34.04 (50.49)	2:26.08 (52.04)	3:17.20 (51.12)		
21 Omnet, Benjamin	13	Pembrokeshire County	3:11.00	3:17.99	
45.05	1:34.57 (49.52)	2:26.18 (51.61)	3:17.99 (51.81)		

Event 12 Boys 14 Year Olds 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Newman, Bradley	14	City of Cardiff Swimming Club	2:44.22	2:38.37	q
35.52	1:15.63 (40.11)	1:56.88 (41.25)	2:38.37 (41.49)		
2 Knowles, Owen	14	Dorking Swimming Club	2:47.63	2:49.47	q
37.00	1:21.27 (44.27)	2:05.61 (44.34)	2:49.47 (43.86)		
3 Jones, Brogan	14	City of Cardiff Swimming Club	2:49.37	2:50.01	q
39.12	1:22.76 (43.64)	2:07.18 (44.42)	2:50.01 (42.83)		
4 Santos, Avrey	14	Staines	2:51.68	2:50.19	q
36.81	1:20.94 (44.13)	2:05.22 (44.28)	2:50.19 (44.97)		

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Name	Age	Team	Seed Time	Prelim Time	
5 Hood, Dylan	14	Aquae Sulis Performance Swimmi	2:51.25	2:50.90	q
37.90	1:21.72 (43.82)	2:06.44 (44.72)	2:50.90 (44.46)		
6 Mathias, Joshua	14	City of Leeds Asc	2:52.64	2:51.29	q
38.97	1:22.87 (43.90)	2:06.97 (44.10)	2:51.29 (44.32)		
7 Tindall, Theo	14	Carlisle Aq	2:51.44	2:53.44	q
39.19	1:23.32 (44.13)	2:08.06 (44.74)	2:53.44 (45.38)		
8 Morgan, Osian	14	Pembrokeshire County	3:00.42	2:57.42	q
40.41	1:26.97 (46.56)	2:12.63 (45.66)	2:57.42 (44.79)		
9 Davies, Rhys	14	Pembrokeshire County	3:02.79	2:58.39	
40.71	1:25.94 (45.23)	2:12.55 (46.61)	2:58.39 (45.84)		
10 Kenneth, Matthew	14	City of Leeds Asc	2:57.75	2:58.47	
39.28	1:24.15 (44.87)	2:11.25 (47.10)	2:58.47 (47.22)		
11 Morris, Kieran	14	Chirk Dragons Swimming Club	2:56.60	2:59.50	
40.37	1:26.99 (46.62)	2:14.64 (47.65)	2:59.50 (44.86)		
12 Thomson, Harry	14	Derventio	2:55.75	3:00.90	
39.44	1:25.52 (46.08)	2:13.65 (48.13)	3:00.90 (47.25)		
13 Morris, Jake	14	Stourbridge Swimming Club	3:01.13	3:02.36	
39.44	1:25.14 (45.70)	2:14.08 (48.94)	3:02.36 (48.28)		
14 Lawton, Samuel	14	Aquae Sulis Performance Swimmi	3:05.88	3:04.12	
42.07	1:29.43 (47.36)	2:16.49 (47.06)	3:04.12 (47.63)		
15 Grothier, Isaac	14	Aquae Sulis Performance Swimmi	3:10.30	3:04.33	
41.56	1:29.80 (48.24)	2:17.80 (48.00)	3:04.33 (46.53)		
16 Hodgson, Jake	14	City of Leeds Asc	3:02.50	3:05.09	
42.34	1:29.24 (46.90)	2:17.30 (48.06)	3:05.09 (47.79)		
17 Northall, Ben	14	Chirk Dragons Swimming Club	3:05.80	3:05.80	
41.67	1:29.02 (47.35)	2:17.88 (48.86)	3:05.80 (47.92)		
--- Brennan, Ciaran	14	Croydon Amphibians Swimming cl	3:02.04		DQ
39.49	1:25.81 (46.32)	2:14.29 (48.48)	DQ (47.34)		

Event 13 Girls 11-12 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Cowan, Ella	12	City of Leeds Asc	2:53.86	2:56.27	q
39.25	1:24.71 (45.46)	2:10.98 (46.27)	2:56.27 (45.29)		
2 Richardson, Hannah	12	Rushmoor Ryl	2:59.22	2:59.87	q
41.12	1:26.96 (45.84)	2:14.68 (47.72)	2:59.87 (45.19)		
3 Potts, Ella	12	City of Leeds Asc	3:08.92	3:04.59	q
41.84	1:30.11 (48.27)	2:17.60 (47.49)	3:04.59 (46.99)		
4 Withers-Boalch, G	12	City of Cardiff Swimming Club	3:11.85	3:06.59	q
44.07	1:32.33 (48.26)	2:20.43 (48.10)	3:06.59 (46.16)		
5 Wellings, Stephanie	12	City of Leeds Asc	3:09.75	3:07.10	q
42.83	1:30.87 (48.04)	2:18.28 (47.41)	3:07.10 (48.82)		
6 Moretti, Morgana	12	City of Cardiff Swimming Club	3:08.29	3:08.97	q
43.25	1:31.58 (48.33)	2:20.04 (48.46)	3:08.97 (48.93)		
7 Basinger, Alyssa	12	Maidenhead	3:09.92	3:09.00	q
42.57	1:29.99 (47.42)	2:19.42 (49.43)	3:09.00 (49.58)		
8 Carter, Effie	12	Rushmoor Ryl	3:12.31	3:09.25	q
42.73	1:31.33 (48.60)	2:20.49 (49.16)	3:09.25 (48.76)		
9 Compton, Rose	12	Sevenoaks Swimming Club	3:09.50	3:11.19	
43.44	1:31.52 (48.08)	2:21.65 (50.13)	3:11.19 (49.54)		
10 Soper, Madeleine	12	Weston S M	3:09.25	3:12.34	
43.86	1:32.47 (48.61)	2:22.69 (50.22)	3:12.34 (49.65)		
11 Tomlin-Davies, Emily	12	Maxwell	3:05.26	3:12.92	
43.06	1:32.37 (49.31)	2:22.33 (49.96)	3:12.92 (50.59)		
12 Dawson, Phoebe	12	City of Leeds Asc	3:19.71	3:12.99	
43.84	1:33.98 (50.14)	2:22.37 (48.39)	3:12.99 (50.62)		

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Name	Age	Team	Seed Time	Prelim Time
13 Jones, Bethan	12	Pembrokeshire County	3:27.25	3:13.33
43.28	1:33.88 (50.60)	2:23.45 (49.57)	3:13.33 (49.88)	
14 Stott, Jenna	12	City of Leeds Asc	3:18.34	3:16.03
45.85	1:35.54 (49.69)	2:26.82 (51.28)	3:16.03 (49.21)	
15 Baxter-Smith, Georgina	12	Sevenoaks Swimming Club	3:21.80	3:16.08
45.40	1:34.00 (48.60)	2:25.41 (51.41)	3:16.08 (50.67)	
16 Phillips, Ella	12	City of Cardiff Swimming Club	3:14.53	3:16.13
44.69	1:35.73 (51.04)	2:26.01 (50.28)	3:16.13 (50.12)	
17 Bryant, Isobel	12	Dorking Swimming Club	3:22.91	3:17.29
45.94	1:34.84 (48.90)	2:26.62 (51.78)	3:17.29 (50.67)	
18 Price, Olivia	12	Wrexham S.C.	3:22.62	3:17.40
45.51	1:35.63 (50.12)	2:27.46 (51.83)	3:17.40 (49.94)	
19 Tucker, Amelia	12	Swansea Aquatics	3:20.20	3:18.40
45.46	1:35.95 (50.49)	2:27.25 (51.30)	3:18.40 (51.15)	
20 Browne, Megan	12	Nofio Sir Gar	3:14.23	3:19.03
41.92	1:31.70 (49.78)	2:24.50 (52.80)	3:19.03 (54.53)	
21 Palin, Maisy	11	Heads of the Valleys Swimming	3:24.65	3:20.00
45.93	1:37.51 (51.58)	2:29.09 (51.58)	3:20.00 (50.91)	
22 Cowley, Jessica	12	Torfaen Dolphins	3:14.10	3:20.67
45.34	1:35.97 (50.63)	2:28.37 (52.40)	3:20.67 (52.30)	
23 Boswall, Saffron	11	City of Cardiff Swimming Club	3:14.11	3:23.93
46.07	1:39.09 (53.02)	2:31.36 (52.27)	3:23.93 (52.57)	
24 Ward, Ellie	11	City Of Newport	3:19.67	3:25.34
47.86	1:41.10 (53.24)	2:34.93 (53.83)	3:25.34 (50.41)	
25 Warrender, Niamh	11	Torfaen Dolphins	3:28.90	3:25.49
47.56	1:40.47 (52.91)	2:33.76 (53.29)	3:25.49 (51.73)	
26 Jones, Angharad	12	Bridgend County Swim Squad	3:30.43	3:25.53
47.30	1:41.54 (54.24)	2:34.49 (52.95)	3:25.53 (51.04)	
27 Dallyn, Isobel	11	Chepstow and District Swimming	3:33.10	3:26.11
47.43	1:41.61 (54.18)	2:36.19 (54.58)	3:26.11 (49.92)	
28 Dwyer, Megan	11	Swansea Aquatics	3:27.10	3:26.71
46.32	1:39.29 (52.97)	2:34.08 (54.79)	3:26.71 (52.63)	
29 O'Callaghan, Jennifer	11	City of Cardiff Swimming Club	3:27.58	3:28.25
47.89	1:43.06 (55.17)	2:36.21 (53.15)	3:28.25 (52.04)	
30 Menniss, Ashleigh	12	East Invicta Excel	3:25.60	3:30.41
47.77	1:41.86 (54.09)	2:37.35 (55.49)	3:30.41 (53.06)	
31 Gallagher, Hannah	11	Swansea Aquatics	3:27.57	3:31.67
47.01	1:40.73 (53.72)	2:36.56 (55.83)	3:31.67 (55.11)	
32 Cressey-Rogers, Molly	12	Nofio Sir Gar	3:33.67	3:32.93
49.05	1:44.34 (55.29)	2:38.56 (54.22)	3:32.93 (54.37)	
33 Teagle, Eilir	11	Merthyr Tydfil Swimming Club	3:33.91	3:32.95
49.07	1:43.39 (54.32)	2:39.89 (56.50)	3:32.95 (53.06)	
34 Rowe, Rhiannon	11	Heads of the Valleys Swimming	3:33.10	3:33.04
50.02	1:43.55 (53.53)	2:39.06 (55.51)	3:33.04 (53.98)	
35 Templeton, Beth	12	Swim West Lothian	3:34.10	3:36.16
49.53	1:45.50 (55.97)	2:40.93 (55.43)	3:36.16 (55.23)	
36 Mahoney, Jess	12	Wrexham S.C.	3:33.58	3:36.37
48.52	1:44.23 (55.71)	2:41.62 (57.39)	3:36.37 (54.75)	
37 Brown, Amber	12	Littlehampton	3:35.70	3:36.89
50.07	1:45.32 (55.25)	2:43.21 (57.89)	3:36.89 (53.68)	
38 Spencer, Sadie	12	Wrexham S.C.	3:34.80	3:37.57
47.70	1:44.19 (56.49)	2:41.99 (57.80)	3:37.57 (55.58)	
39 Ramsay, Lauren	11	Exeter City SC	3:27.58	3:38.12
47.91	1:43.33 (55.42)	2:40.77 (57.44)	3:38.12 (57.35)	
40 Protheroe, Chloe	12	Bridgend County Swim Squad	3:36.30	3:43.59
52.50	1:48.83 (56.33)	2:47.49 (58.66)	3:43.59 (56.10)	
--- Aiken, Caitlin	12	Welsh Ind	3:35.30	DQ
46.28	1:41.82 (55.54)	2:40.01 (58.19)	DQ (52.90)	

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Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1	Billington-Sayer, Niamh	13 Wirral Metro	2:52.94	2:51.68	q
	39.19	1:22.68 (43.49)	2:07.11 (44.43)	2:51.68 (44.57)	
2	Kedzior-MacDonough, Grace	13 Bebington Swimming Club	2:54.05	2:54.21	q
	39.49	1:23.45 (43.96)	2:08.65 (45.20)	2:54.21 (45.56)	
3	Palmer, Ruby	13 City of Leeds Asc	2:59.01	2:56.36	q
	40.80	1:26.91 (46.11)	2:11.70 (44.79)	2:56.36 (44.66)	
4	Bryce, Millie	13 Bridgend County Swim Squad	2:53.94	2:57.62	q
	39.36	1:23.88 (44.52)	2:09.92 (46.04)	2:57.62 (47.70)	
5	Sharp, Laura	13 Nofio Clwyd	2:59.44	2:57.92	q
	41.35	1:27.58 (46.23)	2:13.24 (45.66)	2:57.92 (44.68)	
6	Horton, Ellana	13 City Of Newport	3:00.03	2:58.38	q
	41.87	1:27.52 (45.65)	2:13.31 (45.79)	2:58.38 (45.07)	
7	Murdoch, Jenna	13 City of Leeds Asc	3:03.64	2:59.20	q
	40.92	1:26.90 (45.98)	2:12.71 (45.81)	2:59.20 (46.49)	
8	Board, Mia	13 City Of Newport	2:58.14	2:59.89	q
	40.78	1:26.84 (46.06)	2:14.38 (47.54)	2:59.89 (45.51)	
9	Black, Maisy	13 City of Leeds Asc	3:04.93	3:00.19	
	40.76	1:26.95 (46.19)	2:14.36 (47.41)	3:00.19 (45.83)	
10	Fletcher, Olivia	13 Worcester	2:57.77	3:01.29	
	41.16	1:27.74 (46.58)	2:15.12 (47.38)	3:01.29 (46.17)	
11	Blissett, Libby	13 Aylesbury	2:59.54	3:01.42	
	40.98	1:28.10 (47.12)	2:15.15 (47.05)	3:01.42 (46.27)	
12	Ghosh, Akshima	13 City of Leeds Asc	3:00.15	3:03.84	
	41.28	1:27.91 (46.63)	2:15.61 (47.70)	3:03.84 (48.23)	
13	Simmons, Paige	13 City Of Newport	3:01.50	3:04.34	
	41.92	1:28.29 (46.37)	2:15.66 (47.37)	3:04.34 (48.68)	
14	Holmes, Poppy	13 Sevenoaks Swimming Club	3:08.33	3:04.58	
	43.00	1:29.25 (46.25)	2:17.62 (48.37)	3:04.58 (46.96)	
15	Hutchinson, Lili-May	13 City of Cardiff Swimming Club	3:12.61	3:05.06	
	42.59	1:29.96 (47.37)	2:17.61 (47.65)	3:05.06 (47.45)	
16	Sollaku, Alesia	13 Derventio	3:10.93	3:06.70	
	42.34	1:29.31 (46.97)	2:17.96 (48.65)	3:06.70 (48.74)	
17	Al-Haddad, Lauren	13 Redhill & R	3:08.70	3:06.93	
	42.13	1:30.25 (48.12)	2:19.52 (49.27)	3:06.93 (47.41)	
18	King, Morgan	13 Droitwich	3:10.79	3:07.33	
	41.84	1:29.65 (47.81)	2:18.53 (48.88)	3:07.33 (48.80)	
19	McRae, Mair	13 Torfaen Dolphins	NT	3:08.01	
	42.88	1:31.60 (48.72)	2:20.93 (49.33)	3:08.01 (47.08)	
20	Holmes, Eleri	13 City of Cardiff Swimming Club	3:08.71	3:08.26	
	43.91	1:31.06 (47.15)	2:19.62 (48.56)	3:08.26 (48.64)	
21	Phillips, Anna	13 Swansea Aquatics	3:05.42	3:08.39	
	42.96	1:30.15 (47.19)	2:20.02 (49.87)	3:08.39 (48.37)	
22	Llewellyn, Rosie	13 Pembrokeshire County	3:00.74	3:08.49	
	42.55	1:30.65 (48.10)	2:20.02 (49.37)	3:08.49 (48.47)	
23	Adiseshiah-Cummins, H	13 Saxon Crown	3:11.20	3:09.33	
	41.35	1:30.05 (48.70)	2:20.52 (50.47)	3:09.33 (48.81)	
24	Dobbing, Emily	13 Bebington Swimming Club	3:15.71	3:10.19	
	43.87	1:32.22 (48.35)	2:22.12 (49.90)	3:10.19 (48.07)	
25	Rutter, Jessica	13 City of Cardiff Swimming Club	3:14.52	3:11.36	
	43.67	1:32.61 (48.94)	2:22.28 (49.67)	3:11.36 (49.08)	
26	Crudgington, Maia	13 Aquae Sulis Performance Swimmi	3:10.49	3:12.87	
	44.30	1:33.41 (49.11)	2:23.14 (49.73)	3:12.87 (49.73)	
27	Holmes, Sophie	13 Maxwell	3:08.00	3:13.85	
	43.48	1:33.11 (49.63)	2:24.60 (51.49)	3:13.85 (49.25)	

Welsh Summer Open Meet 2015 - 23/07/2015 to 29/07/2015**Results - Session 4 - Warm up 8.00am (2 x 25mins)****Preliminaries ... (Event 13 Girls 13 Year Olds 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
28 Munro, Jadie	13	Croydon Amphibians Swimming cl	3:13.70	3:18.46
45.01	1:36.22 (51.21)	2:28.19 (51.97)	3:18.46 (50.27)	
29 Stevenson, Irene	13	Staines	3:16.50	3:20.70
45.81	1:38.77 (52.96)	2:30.84 (52.07)	3:20.70 (49.86)	
30 Thompson, Alannah	13	Penyrheol	3:14.07	3:22.04
45.74	1:37.40 (51.66)	2:30.10 (52.70)	3:22.04 (51.94)	
31 Higgins, Catrina	13	Heads of the Valleys Swimming	3:16.20	3:25.71
47.52	1:39.97 (52.45)	2:32.67 (52.70)	3:25.71 (53.04)	

Event 13 Girls 14 Year Olds 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Boswall, Marnie	14	City of Cardiff Swimming Club	2:51.31	2:50.15 q
38.54	1:23.42 (44.88)	2:06.79 (43.37)	2:50.15 (43.36)	
2 John, Catrin	14	City of Cardiff Swimming Club	2:55.86	2:53.15 q
39.31	1:23.83 (44.52)	2:08.53 (44.70)	2:53.15 (44.62)	
3 Powell, Lowri	14	Torfaen Dolphins	2:54.97	2:56.07 q
39.97	1:26.10 (46.13)	2:12.29 (46.19)	2:56.07 (43.78)	
4 Gibson, Alesha	14	Bournemouth Coll	2:57.32	2:56.66 q
40.21	1:26.12 (45.91)	2:12.00 (45.88)	2:56.66 (44.66)	
5 Walmsley, Celyn	14	Team Luton	3:00.18	2:59.35 q
40.42	1:25.59 (45.17)	2:12.49 (46.90)	2:59.35 (46.86)	
6 Olesen, Alexandra	14	Staines	2:56.90	2:59.72 q
40.66	1:26.96 (46.30)	2:13.50 (46.54)	2:59.72 (46.22)	
7 Bird, Cara	14	Wrexham S.C.	3:00.80	3:04.27 q
42.44	1:29.14 (46.70)	2:17.10 (47.96)	3:04.27 (47.17)	
8 Carter, Abbie	14	Rushmoor Ryl	3:06.60	3:04.96 q
41.15	1:27.94 (46.79)	2:16.11 (48.17)	3:04.96 (48.85)	
9 Warrender, Meggan	14	Torfaen Dolphins	3:03.28	3:07.58
43.24	1:30.89 (47.65)	2:19.42 (48.53)	3:07.58 (48.16)	
10 Morgan, Rebecca	14	Nofio Sir Gar	3:04.38	3:11.52
42.32	1:31.72 (49.40)	2:21.13 (49.41)	3:11.52 (50.39)	
11 Duff, Jessica	14	Tynemouth	3:00.26	3:13.86
40.47	1:29.16 (48.69)	2:21.31 (52.15)	3:13.86 (52.55)	
12 Williams, Rhiannon	14	Swansea Aquatics	3:10.55	3:15.14
43.42	1:33.69 (50.27)	2:25.41 (51.72)	3:15.14 (49.73)	

Event 14 Boys 15-16 200 LC Meter IM

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Rickard-Frost, Rhys	16	City of Cardiff Swimming Club	2:16.66	2:17.62 q
28.63	1:05.55 (36.92)	1:44.88 (39.33)	2:17.62 (32.74)	
2 James, Rhys	15	City of Cardiff Swimming Club	2:21.45	2:20.32 q
28.93	1:03.83 (34.90)	1:48.64 (44.81)	2:20.32 (31.68)	
3 Bramwell-Reeks, Henry	16	Bournemouth Coll	2:21.58	2:21.08 q
29.99	1:04.45 (34.46)	1:49.18 (44.73)	2:21.08 (31.90)	
4 Lewis, Nyle	16	Pembrokeshire County	2:25.86	2:22.46 q
29.82	1:08.27 (38.45)	1:50.26 (41.99)	2:22.46 (32.20)	
5 Stott, Joe	16	City of Leeds Asc	2:24.77	2:23.28 q
29.79	1:08.66 (38.87)	1:50.02 (41.36)	2:23.28 (33.26)	
6 Hodgson, Ben	16	Bridgend County Swim Squad	2:21.81	2:23.38 q
30.51	1:08.48 (37.97)	1:52.82 (44.34)	2:23.38 (30.56)	
7 Flanigan, Andrew	15	City of Cardiff Swimming Club	2:20.95	2:23.48 q
31.58	1:10.18 (38.60)	1:50.19 (40.01)	2:23.48 (33.29)	
8 Manser, George	16	Maxwell	2:26.50	2:24.10 q
31.10	1:08.88 (37.78)	1:49.85 (40.97)	2:24.10 (34.25)	

Welsh Summer Open Meet 2015 - 23/07/2015 to 29/07/2015**Results - Session 4 - Warm up 8.00am (2 x 25mins)****Preliminaries ... (Event 14 Boys 15-16 200 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
9 McRae, Cameron	16	City Of Peterborough Sc	2:18.64	2:24.19
30.49	1:05.69 (35.20)	1:49.89 (44.20)	2:24.19 (34.30)	
10 Foster, Michael	16	Saxon Crown	2:23.32	2:24.37
31.37	1:10.75 (39.38)	1:52.80 (42.05)	2:24.37 (31.57)	
11 McGreavy-Gill, Harvey	15	City of Leeds Asc	2:24.72	2:24.87
29.64	1:06.74 (37.10)	1:51.81 (45.07)	2:24.87 (33.06)	
12 Cook, Jacob	15	City of Cardiff Swimming Club	2:27.33	2:25.55
30.95	1:09.23 (38.28)	1:52.69 (43.46)	2:25.55 (32.86)	
13 O'Hara, Eanna	15	Connacht	2:24.68	2:25.67
30.65	1:09.55 (38.90)	1:51.57 (42.02)	2:25.67 (34.10)	
14 Bamforth, Harry	15	Ellesmere Co	2:24.87	2:27.09
31.54	1:08.25 (36.71)	1:54.44 (46.19)	2:27.09 (32.65)	
15 Tobin, Colm	15	Pembrokeshire County	2:27.40	2:27.59
32.02	1:09.75 (37.73)	1:54.39 (44.64)	2:27.59 (33.20)	
16 John, Lewys	15	City of Cardiff Swimming Club	2:27.34	2:27.75
31.42	1:10.00 (38.58)	1:53.93 (43.93)	2:27.75 (33.82)	
17 Williams, Benjamin	16	Welsh Ind	2:27.70	2:27.88
30.66	1:09.54 (38.88)	1:55.37 (45.83)	2:27.88 (32.51)	
18 Cartwright, Adam	16	Nofio Clwyd	2:29.70	2:28.00
31.43	1:10.98 (39.55)	1:56.47 (45.49)	2:28.00 (31.53)	
19 Thomas, Owen	16	Pembrokeshire County	2:27.65	2:28.06
31.64	1:09.64 (38.00)	1:54.00 (44.36)	2:28.06 (34.06)	
20 Mottram, Ben	15	Pembrokeshire County	2:32.10	2:29.21
30.39	1:08.96 (38.57)	1:55.94 (46.98)	2:29.21 (33.27)	
21 Chadwick, Matthew	15	Maxwell	2:30.70	2:30.17
33.14	1:13.34 (40.20)	1:55.50 (42.16)	2:30.17 (34.67)	
22 Herdman, Steffan	16	Aberystwyth sc	2:32.30	2:30.19
31.66	1:12.52 (40.86)	1:56.80 (44.28)	2:30.19 (33.39)	
23 Pelders, Cas	16	Swansea Aquatics	2:28.70	2:31.29
31.57	1:11.01 (39.44)	1:55.41 (44.40)	2:31.29 (35.88)	
24 Taylor, Joshua	16	Caerphilly County Swim Squad	2:36.40	2:31.53
29.94	1:10.45 (40.51)	1:58.42 (47.97)	2:31.53 (33.11)	
25 Thomas, Cameron	15	Aberystwyth sc	2:32.80	2:31.66
30.86	1:10.11 (39.25)	1:56.12 (46.01)	2:31.66 (35.54)	
26 Kiss, Christopher	16	Saxon Crown	2:27.00	2:31.93
31.82	1:14.12 (42.30)	1:59.36 (45.24)	2:31.93 (32.57)	
27 Webb, Tomas	15	Pembrokeshire County	2:32.90	2:32.91
33.78	1:13.01 (39.23)	1:58.09 (45.08)	2:32.91 (34.82)	
28 Lewis, Tommy	16	Saxon Crown	2:27.60	2:33.31
31.19	1:12.05 (40.86)	1:56.86 (44.81)	2:33.31 (36.45)	
29 Onishi, Hirohide	16	Swim West Lothian	2:32.90	2:35.72
33.06	1:14.42 (41.36)	2:01.15 (46.73)	2:35.72 (34.57)	
30 Saunders, Liam	16	Heads of the Valleys Swimming	2:36.60	2:38.30
32.16	1:13.28 (41.12)	2:02.99 (49.71)	2:38.30 (35.31)	
31 Turner, Alexander	15	Aquae Sulis Performance Swimmi	2:32.30	2:41.27
32.71	1:13.98 (41.27)	2:02.96 (48.98)	2:41.27 (38.31)	

Event 14 Boys 17 & Over 200 LC Meter IM

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Hughes, Jordan	18	Swansea Aquatics	2:13.00	2:09.95 q
28.58	1:01.12 (32.54)	1:38.73 (37.61)	2:09.95 (31.22)	
2 Wilson, James	18	Wrexham S.C.	2:13.97	2:13.15 q
27.37	1:00.10 (32.73)	1:41.99 (41.89)	2:13.15 (31.16)	
3 Durston, Fraser	17	Swindon Dolp	2:15.31	2:14.83 q
28.64	1:03.61 (34.97)	1:43.49 (39.88)	2:14.83 (31.34)	

Welsh Summer Open Meet 2015 - 23/07/2015 to 29/07/2015**Results - Session 4 - Warm up 8.00am (2 x 25mins)****Preliminaries ... (Event 14 Boys 17 & Over 200 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time	
4 Hire, Michael	19	Swansea Aquatics	2:12.58	2:15.19	q
29.20	1:03.53 (34.33)	1:44.57 (41.04)	2:15.19 (30.62)		
5 Reay, Andrew	21	Wrexham S.C.	2:14.51	2:15.22	q
28.87	1:03.58 (34.71)	1:42.47 (38.89)	2:15.22 (32.75)		
6 Lewis, James	17	City of Cardiff Swimming Club	2:17.34	2:18.12	q
28.49	1:07.18 (38.69)	2:18.12 (1:10.94)			
7 Lowry, Connor	18	Thanet Swim Club	2:20.84	2:19.53	q
28.31	1:03.91 (35.60)	1:46.96 (43.05)	2:19.53 (32.57)		
8 Abdulmajed, Zayd	17	Bridgend County Swim Squad	2:19.76	2:19.66	q
28.12	1:02.40 (34.28)	1:46.97 (44.57)	2:19.66 (32.69)		
9 Welman, Callum	18	Wrexham S.C.	2:17.35	2:20.60	
29.65	1:05.35 (35.70)	1:46.74 (41.39)	2:20.60 (33.86)		
10 Newton, Joseph	17	Swim Conwy Performance Centre	2:21.31	2:21.06	
31.20	1:06.06 (34.86)	1:47.15 (41.09)	2:21.06 (33.91)		
11 Smith, Carl	17	City of Leeds Asc	2:25.32	2:23.07	
29.01	1:04.32 (35.31)	1:51.13 (46.81)	2:23.07 (31.94)		
12 Marriott, Luke	18	Grantham SC	2:26.42	2:23.99	
31.01	1:08.67 (37.66)	1:49.05 (40.38)	2:23.99 (34.94)		
13 Davies, Grant	19	Llantrisant Sharks	2:23.14	2:24.10	
29.72	1:06.97 (37.25)	1:50.38 (43.41)	2:24.10 (33.72)		
14 Couzens, Robert	17	City of Cardiff Swimming Club	2:28.35	2:24.63	
29.45	1:03.97 (34.52)	1:49.59 (45.62)	2:24.63 (35.04)		
15 Wheeler, Tor	19	Croydon Amphibians Swimming cl	2:25.78	2:25.82	
29.01	1:04.19 (35.18)	1:51.15 (46.96)	2:25.82 (34.67)		
16 Hunt, Billy	17	Welshpool Sharks	2:24.38	2:27.18	
29.72	1:07.39 (37.67)	1:52.22 (44.83)	2:27.18 (34.96)		
17 Brophy, Callum	17	Sevenoaks Swimming Club	2:20.30	2:27.45	
30.67	1:08.11 (37.44)	1:53.76 (45.65)	2:27.45 (33.69)		
18 Smith, Luke	17	City of Leeds Asc	2:31.65	2:27.95	
29.08	1:06.29 (37.21)	1:54.13 (47.84)	2:27.95 (33.82)		
19 Short, Simon	18	Neath Asc	2:28.47	2:28.19	
31.46	1:09.21 (37.75)	1:54.37 (45.16)	2:28.19 (33.82)		
20 Simons, Fabio	20	Neath Asc	2:26.34	2:28.35	
29.72	1:10.09 (40.37)	1:52.29 (42.20)	2:28.35 (36.06)		
21 Dibben, Gethin	19	Bridgend County Swim Squad	2:29.47	2:29.01	
30.52	1:08.59 (38.07)	1:54.65 (46.06)	2:29.01 (34.36)		
22 Jones, Rhys	18	Llantrisant Sharks	2:29.59	2:29.86	
31.47	1:07.26 (35.79)	1:55.85 (48.59)	2:29.86 (34.01)		
23 Vickers, Kieran	17	Alnwick Dol	2:27.33	2:30.80	
31.64	1:11.63 (39.99)	1:55.58 (43.95)	2:30.80 (35.22)		
24 Keighley, David	17	City of Leeds Asc	2:28.60	2:32.06	
31.18	1:11.92 (40.74)	1:54.81 (42.89)	2:32.06 (37.25)		
25 Nisbet, Angus	18	City of Canterbury	2:29.90	2:34.16	
31.43	1:15.93 (44.50)	1:58.58 (42.65)	2:34.16 (35.58)		

Event 15 Girls 15-16 200 LC Meter IM

Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Richards, Amy	16	Heads of the Valleys Swimming	2:28.29	2:27.49	q
31.29	1:11.10 (39.81)	1:54.89 (43.79)	2:27.49 (32.60)		
2 Andrews, Niamh	15	Nofio Clwyd	2:30.68	2:27.91	q
31.58	1:08.46 (36.88)	1:53.96 (45.50)	2:27.91 (33.95)		
3 Kinnell, Grace	16	Rushmoor Ryl	2:26.74	2:28.44	q
33.47	1:10.84 (37.37)	1:53.88 (43.04)	2:28.44 (34.56)		
4 Beynon, Annaliese	15	City of Cardiff Swimming Club	2:30.21	2:28.67	q
31.34	1:09.07 (37.73)	1:53.90 (44.83)	2:28.67 (34.77)		

Welsh Summer Open Meet 2015 - 23/07/2015 to 29/07/2015**Results - Session 4 - Warm up 8.00am (2 x 25mins)****Preliminaries ... (Event 15 Girls 15-16 200 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time	
5 Strydom, Ninah	15	Sevenoaks Swimming Club	2:30.42	2:30.66	q
32.19	1:09.85 (37.66)	1:55.54 (45.69)	2:30.66 (35.12)		
6 Burch, India	15	City of Cardiff Swimming Club	2:30.01	2:32.75	q
32.14	1:11.81 (39.67)	1:58.43 (46.62)	2:32.75 (34.32)		
7 Sutton, Emma	16	Llantrisant Sharks	2:33.81	2:32.84	q
32.13	1:09.62 (37.49)	1:57.03 (47.41)	2:32.84 (35.81)		
8 Blakelock, Bethan	16	Gloucester	2:32.94	2:33.19	q
31.97	1:09.79 (37.82)	1:58.73 (48.94)	2:33.19 (34.46)		
9 Westoby, Ellie	15	City of Hereford	2:35.00	2:33.34	
32.91	1:10.59 (37.68)	1:56.77 (46.18)	2:33.34 (36.57)		
10 Holyoake, Abbie	15	City of Leeds Asc	2:34.09	2:34.38	
32.69	1:14.91 (42.22)	1:59.27 (44.36)	2:34.38 (35.11)		
11 McCallum, Sophie	16	Swansea Aquatics	2:31.22	2:34.81	
33.88	1:14.45 (40.57)	1:58.10 (43.65)	2:34.81 (36.71)		
12 Hinett, Bethan	16	City of Coventry	2:31.21	2:34.90	
33.34	1:12.07 (38.73)	1:59.58 (47.51)	2:34.90 (35.32)		
13 Bowen, Lilly	16	Swansea Aquatics	2:34.28	2:34.96	
33.09	1:10.19 (37.10)	1:58.49 (48.30)	2:34.96 (36.47)		
14 Hook, Charlotte	15	Sevenoaks Swimming Club	2:33.99	2:35.06	
31.92	1:10.52 (38.60)	2:00.14 (49.62)	2:35.06 (34.92)		
15 Bird, Elinor	16	Stratford Sharks Ssc	2:35.51	2:35.11	
35.03	1:15.93 (40.90)	1:58.59 (42.66)	2:35.11 (36.52)		
16 Goodliffe, Faith	15	City of Coventry	2:37.15	2:35.95	
33.29	1:14.20 (40.91)	2:00.19 (45.99)	2:35.95 (35.76)		
17 Williams, Megan	16	Swansea Aquatics	2:36.99	2:36.00	
32.79	1:13.26 (40.47)	2:01.90 (48.64)	2:36.00 (34.10)		
18 Hawkins, Imogen	15	Sevenoaks Swimming Club	2:39.11	2:36.36	
34.85	1:13.18 (38.33)	2:00.63 (47.45)	2:36.36 (35.73)		
19 Nicholas, Megan	15	Bridgend County Swim Squad	2:37.24	2:37.39	
33.23	1:13.22 (39.99)	2:01.32 (48.10)	2:37.39 (36.07)		
20 Collingbourne, Sioned	15	City Of Newport	2:37.07	2:37.77	
32.46	1:13.60 (41.14)	2:02.43 (48.83)	2:37.77 (35.34)		
21 Owen, Amber	15	Nofio Sir Gar	2:40.24	2:38.06	
33.01	1:15.35 (42.34)	2:00.91 (45.56)	2:38.06 (37.15)		
22 Walters, Jessie	16	Llantrisant Sharks	2:36.83	2:38.34	
32.16	1:13.09 (40.93)	2:01.95 (48.86)	2:38.34 (36.39)		
23 Wollaston, Tegan	16	Cheshunt	2:36.10	2:38.37	
33.27	1:14.46 (41.19)	2:03.82 (49.36)	2:38.37 (34.55)		
24 Gore, Emily	15	City of Cardiff Swimming Club	2:35.03	2:39.07	
33.24	1:13.08 (39.84)	2:02.22 (49.14)	2:39.07 (36.85)		
25 Bramwell-Reeks, Poppaea	16	Bournemouth Coll	2:42.02	2:39.15	
34.40	1:14.33 (39.93)	2:02.41 (48.08)	2:39.15 (36.74)		
26 Robson, Olivia	16	Celtic Dolphins	2:42.87	2:39.44	
32.57	1:12.64 (40.07)	2:00.78 (48.14)	2:39.44 (38.66)		
27 Mathias, Lowri	15	Carmarthen	2:38.40	2:39.78	
34.54	1:16.96 (42.42)	2:01.40 (44.44)	2:39.78 (38.38)		
28 Bunn, Isabel	15	City of Leeds Asc	2:36.36	2:39.96	
32.73	1:13.38 (40.65)	2:02.40 (49.02)	2:39.96 (37.56)		
29 Brown, Jessica	15	Littlehampton	2:39.87	2:41.30	
33.83	1:15.85 (42.02)	2:04.60 (48.75)	2:41.30 (36.70)		
30 Head, Hannah	15	Welsh Ind	2:41.24	2:42.17	
33.06	1:17.05 (43.99)	2:03.97 (46.92)	2:42.17 (38.20)		
31 Bate, Rachel	16	Halton	2:41.80	2:42.66	
33.98	1:17.39 (43.41)	2:06.75 (49.36)	2:42.66 (35.91)		
32 Norris, Emily	15	Bromley Swimming Club	2:41.88	2:44.50	
36.41	1:17.74 (41.33)	2:05.99 (48.25)	2:44.50 (38.51)		

Welsh Summer Open Meet 2015 - 23/07/2015 to 29/07/2015**Results - Session 4 - Warm up 8.00am (2 x 25mins)****Preliminaries ... (Event 15 Girls 15-16 200 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
33 McQueen, Amy	16	Swansea Aquatics	2:45.73	2:44.87
35.70	1:16.81 (41.11)	2:07.35 (50.54)	2:44.87 (37.52)	
34 Brightmore, Mia	15	Sheffield C	2:45.95	2:44.90
33.61	1:17.27 (43.66)	2:05.19 (47.92)	2:44.90 (39.71)	
35 Ford, India	15	Swansea Aquatics	2:39.43	2:46.20
35.35	1:17.66 (42.31)	2:09.87 (52.21)	2:46.20 (36.33)	
36 Macfarlane, Megan	16	Swim West Lothian	2:42.72	2:46.46
35.99	1:18.53 (42.54)	2:09.04 (50.51)	2:46.46 (37.42)	
37 Pelders, Pam	15	Swansea Aquatics	2:41.90	2:47.41
36.08	1:18.72 (42.64)	2:07.38 (48.66)	2:47.41 (40.03)	
38 Vickers, Lauren	15	Alnwick Dol	2:43.50	2:47.86
36.37	1:20.48 (44.11)	2:09.38 (48.90)	2:47.86 (38.48)	
39 Richards, Danielle	16	Maxwell	2:44.60	2:48.04
34.70	1:18.05 (43.35)	2:08.19 (50.14)	2:48.04 (39.85)	
40 Kerr, Laura	16	Saxon Crown	2:43.10	2:49.60
33.88	1:17.01 (43.13)	2:12.04 (55.03)	2:49.60 (37.56)	
41 Wightman, Alys	15	Bebington Swimming Club	2:43.50	2:52.12
35.62	1:17.09 (41.47)	2:12.83 (55.74)	2:52.12 (39.29)	

Event 15 Girls 17 & Over 200 LC Meter IM

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Harris, Seren	17	City of Cardiff Swimming Club	2:29.84	2:28.73 q
31.49	1:10.69 (39.20)	1:54.93 (44.24)	2:28.73 (33.80)	
2 O'Hara, Bethan	17	Seagulls SC	2:30.50	2:28.86 q
31.78	1:09.60 (37.82)	1:54.35 (44.75)	2:28.86 (34.51)	
3 Thomas, Carys	17	Pembrokeshire County	2:28.40	2:29.92 q
31.87	1:12.08 (40.21)	1:55.44 (43.36)	2:29.92 (34.48)	
4 Lorimer, Polly	17	Havant & Wat	2:31.11	2:34.49 q
32.27	1:12.20 (39.93)	2:01.19 (48.99)	2:34.49 (33.30)	
5 Hartery, Megan	17	Gloucester	2:35.88	2:36.13 q
29.79	1:09.62 (39.83)	1:58.16 (48.54)	2:36.13 (37.97)	
6 Al Kelaby, Zena	17	City of Cardiff Swimming Club	2:26.79	2:36.77 q
30.37	1:10.19 (39.82)	1:59.32 (49.13)	2:36.77 (37.45)	
7 Farthing, Amy	17	Sevenoaks Swimming Club	2:41.25	2:36.98 q
33.68	1:12.73 (39.05)	1:59.88 (47.15)	2:36.98 (37.10)	
8 Thornewell, Carla	18	City of Hereford	2:37.62	2:37.44 q
34.51	1:17.03 (42.52)	2:04.31 (47.28)	2:37.44 (33.13)	
9 Duff, Charlotte	19	Newcastle	2:39.18	2:44.85
32.97	1:13.45 (40.48)	2:04.46 (51.01)	2:44.85 (40.39)	

Event 16 Boys 13 Year Olds 1500 LC Meter Freestyle (HDW)

Name	Age	Team	Seed Time	Finals Time	Points
1 Wardhaugh, Rhys	13	City of Cardiff Swimming Club	18:33.56	17:58.42	
32.56	1:07.73 (35.17)	1:43.64 (35.91)	2:20.14 (36.50)		
2:56.17 (36.03)	3:32.47 (36.30)	4:08.76 (36.29)	4:45.29 (36.53)		
5:21.22 (35.93)	5:56.95 (35.73)	6:33.08 (36.13)	7:09.35 (36.27)		
7:45.20 (35.85)	8:21.78 (36.58)	8:57.80 (36.02)	9:34.18 (36.38)		
10:10.26 (36.08)	10:46.68 (36.42)	11:23.04 (36.36)	11:59.75 (36.71)		
12:34.73 (34.98)	13:11.49 (36.76)	13:47.48 (35.99)	14:24.11 (36.63)		
14:59.74 (35.63)	15:36.35 (36.61)	16:12.60 (36.25)	16:49.44 (36.84)		
17:24.05 (34.61)	17:58.42 (34.37)				

Welsh Summer Open Meet 2015 - 23/07/2015 to 29/07/2015**Results - Session 4 - Warm up 8.00am (2 x 25mins)****(Event 16 Boys 13 Year Olds 1500 LC Meter Freestyle (HDW))**

Name	Age	Team	Seed Time	Finals Time	Points
2 Billinge, Ethan	13	Co Derby	19:39.30	18:42.69	
33.37	1:10.25 (36.88)	1:48.01 (37.76)	2:25.83 (37.82)		
3:03.91 (38.08)	3:42.06 (38.15)	4:20.33 (38.27)	4:58.72 (38.39)		
5:37.20 (38.48)	6:15.35 (38.15)	6:52.81 (37.46)	7:30.65 (37.84)		
8:08.88 (38.23)	8:46.67 (37.79)	9:25.08 (38.41)	10:02.73 (37.65)		
10:40.95 (38.22)	11:18.88 (37.93)	11:57.01 (38.13)	12:34.33 (37.32)		
13:11.42 (37.09)	13:48.87 (37.45)	14:26.22 (37.35)	15:03.71 (37.49)		
15:40.90 (37.19)	16:17.93 (37.03)	16:55.03 (37.10)	17:31.18 (36.15)		
18:07.39 (36.21)	18:42.69 (35.30)				
3 Peck, Matthew	13	Mid Beds	18:42.98	19:16.58	
32.65	1:08.95 (36.30)	1:46.36 (37.41)	2:23.88 (37.52)		
3:01.63 (37.75)	3:39.63 (38.00)	4:17.65 (38.02)	4:56.04 (38.39)		
5:34.52 (38.48)	6:12.65 (38.13)	6:51.10 (38.45)	7:30.08 (38.98)		
8:09.46 (39.38)	8:47.92 (38.46)	9:26.91 (38.99)	10:06.18 (39.27)		
10:45.61 (39.43)	11:24.99 (39.38)	12:03.99 (39.00)	12:43.30 (39.31)		
13:22.95 (39.65)	14:02.18 (39.23)	14:41.77 (39.59)	15:21.36 (39.59)		
16:00.59 (39.23)	16:40.52 (39.93)	17:19.97 (39.45)	17:58.66 (38.69)		
18:38.01 (39.35)	19:16.58 (38.57)				
4 Williams, Henry	13	City of Leeds Asc	19:53.83	19:32.54	
34.18	1:12.27 (38.09)	1:50.46 (38.19)	2:28.39 (37.93)		
3:07.63 (39.24)	3:45.88 (38.25)	4:24.94 (39.06)	5:04.11 (39.17)		
5:43.56 (39.45)	6:22.83 (39.27)	7:02.58 (39.75)	7:41.50 (38.92)		
8:21.22 (39.72)	9:00.39 (39.17)	9:40.26 (39.87)	10:19.99 (39.73)		
10:59.86 (39.87)	11:39.57 (39.71)	12:19.45 (39.88)	12:59.24 (39.79)		
13:38.81 (39.57)	14:18.57 (39.76)	14:58.53 (39.96)	15:38.34 (39.81)		
16:17.87 (39.53)	16:57.74 (39.87)	17:37.34 (39.60)	18:16.34 (39.00)		
18:55.15 (38.81)	19:32.54 (37.39)				
5 Yeomans, Matthew	13	City of Leeds Asc	21:56.32	19:55.09	
35.95	1:17.62 (41.67)	1:59.16 (41.54)	2:39.86 (40.70)		
3:20.57 (40.71)	4:01.58 (41.01)	4:42.63 (41.05)	5:23.69 (41.06)		
6:04.26 (40.57)	6:45.15 (40.89)	7:25.19 (40.04)	8:05.94 (40.75)		
8:46.77 (40.83)	9:26.93 (40.16)	10:06.73 (39.80)	10:46.31 (39.58)		
11:26.19 (39.88)	12:05.95 (39.76)	12:45.21 (39.26)	13:24.59 (39.38)		
14:04.16 (39.57)	14:44.10 (39.94)	15:23.88 (39.78)	16:03.54 (39.66)		
16:42.15 (38.61)	17:21.49 (39.34)	18:00.86 (39.37)	18:39.41 (38.55)		
19:17.97 (38.56)	19:55.09 (37.12)				
6 Broome, Jamie	13	City of Leeds Asc	21:37.75	20:30.98	
35.97	1:16.47 (40.50)	1:57.45 (40.98)	2:38.42 (40.97)		
3:20.24 (41.82)	4:01.34 (41.10)	4:43.00 (41.66)	5:24.49 (41.49)		
6:04.79 (40.30)	6:45.52 (40.73)	7:26.94 (41.42)	8:08.13 (41.19)		
8:48.97 (40.84)	9:30.38 (41.41)	10:10.76 (40.38)	10:51.93 (41.17)		
11:33.49 (41.56)	12:14.60 (41.11)	12:56.97 (42.37)	13:38.71 (41.74)		
14:21.12 (42.41)	15:02.33 (41.21)	15:42.34 (40.01)	16:23.71 (41.37)		
17:04.31 (40.60)	17:46.27 (41.96)	18:27.76 (41.49)	19:09.39 (41.63)		
19:51.12 (41.73)	20:30.98 (39.86)				
7 Onal, Yasin	13	Swim West Lothian	21:22.80	21:16.41	
36.29	1:18.05 (41.76)	2:00.23 (42.18)	2:42.47 (42.24)		
3:24.87 (42.40)	4:07.92 (43.05)	4:50.95 (43.03)	5:34.00 (43.05)		
6:17.17 (43.17)					
			14:09.90 ()		
14:52.76 (42.86)	15:36.78 (44.02)	16:20.89 (44.11)	17:04.70 (43.81)		
17:48.11 (43.41)	18:30.18 (42.07)	19:12.38 (42.20)	19:54.52 (42.14)		
20:34.96 (40.44)	21:16.41 (41.45)				

Welsh Summer Open Meet 2015 - 23/07/2015 to 29/07/2015**Results - Session 4 - Warm up 8.00am (2 x 25mins)****Event 16 Boys 14 Year Olds 1500 LC Meter Freestyle (HDW)**

Name	Age	Team	Seed Time	Finals Time	Points
1 Parfitt, Shaye	14	Heads of the Valleys Swimming	18:39.01	18:23.08	
31.12	1:06.12 (35.00)	1:42.12 (36.00)	2:18.30 (36.18)		
2:54.34 (36.04)	3:31.12 (36.78)	4:07.79 (36.67)	4:44.94 (37.15)		
5:21.66 (36.72)	5:58.54 (36.88)	6:35.71 (37.17)	7:12.92 (37.21)		
7:50.20 (37.28)	8:27.17 (36.97)	9:04.54 (37.37)	9:41.24 (36.70)		
10:18.72 (37.48)	10:55.79 (37.07)	11:33.23 (37.44)	12:11.27 (38.04)		
12:48.28 (37.01)	13:25.27 (36.99)	14:03.55 (38.28)	14:40.12 (36.57)		
15:17.33 (37.21)	15:55.23 (37.90)	16:32.75 (37.52)	17:10.30 (37.55)		
17:47.61 (37.31)	18:23.08 (35.47)				
2 Mathias, Joshua	14	City of Leeds Asc	19:20.61	18:37.00	
33.17	1:09.46 (36.29)	1:46.28 (36.82)	2:23.29 (37.01)		
3:00.32 (37.03)	3:37.29 (36.97)	4:14.24 (36.95)	4:51.50 (37.26)		
5:28.59 (37.09)	6:05.42 (36.83)	6:42.41 (36.99)	7:19.65 (37.24)		
7:57.22 (37.57)	8:34.78 (37.56)	9:12.33 (37.55)	9:49.92 (37.59)		
10:27.69 (37.77)	11:05.42 (37.73)	11:43.35 (37.93)	12:20.84 (37.49)		
12:58.41 (37.57)	13:36.07 (37.66)	14:13.58 (37.51)	14:51.24 (37.66)		
15:29.10 (37.86)	16:07.18 (38.08)	16:45.21 (38.03)	17:23.03 (37.82)		
18:00.04 (37.01)	18:37.00 (36.96)				
3 Morgan, Huw	14	Dorking Swimming Club	20:07.29	18:41.89	
31.49	1:07.01 (35.52)	1:44.91 (37.90)	2:22.91 (38.00)		
3:00.82 (37.91)	3:38.76 (37.94)				
10:40.87 ()	11:17.97 (37.10)	11:55.56 (37.59)	12:33.08 (37.52)		
13:10.05 (36.97)	13:48.04 (37.99)	14:25.21 (37.17)	15:02.55 (37.34)		
15:39.67 (37.12)	16:17.17 (37.50)	16:54.40 (37.23)	17:31.64 (37.24)		
18:07.39 (35.75)	18:41.89 (34.50)				
4 Wollaston, Callum	14	Cheshunt	18:32.66	19:00.95	
32.72	1:09.38 (36.66)	1:46.19 (36.81)	2:23.10 (36.91)		
3:00.37 (37.27)	3:36.94 (36.57)	4:14.18 (37.24)	4:51.73 (37.55)		
5:29.73 (38.00)	6:07.82 (38.09)	6:46.50 (38.68)	7:25.24 (38.74)		
8:04.11 (38.87)	8:43.24 (39.13)	9:21.95 (38.71)	10:00.94 (38.99)		
10:39.52 (38.58)	11:18.37 (38.85)	11:57.34 (38.97)	12:36.65 (39.31)		
13:15.62 (38.97)	13:54.94 (39.32)	14:33.92 (38.98)	15:13.10 (39.18)		
15:52.17 (39.07)	16:30.94 (38.77)	17:09.32 (38.38)	17:47.69 (38.37)		
18:24.84 (37.15)	19:00.95 (36.11)				
5 Davies, Rhys	14	Pembrokeshire County	19:43.20	19:05.69	
32.59	1:08.88 (36.29)	1:46.41 (37.53)	2:24.62 (38.21)		
3:02.88 (38.26)	3:41.26 (38.38)	4:19.33 (38.07)	4:57.07 (37.74)		
5:36.00 (38.93)	6:14.70 (38.70)	6:52.32 (37.62)	7:30.81 (38.49)		
8:08.80 (37.99)	8:46.99 (38.19)	9:26.51 (39.52)	10:05.37 (38.86)		
10:45.19 (39.82)	11:24.93 (39.74)	12:04.97 (40.04)	12:43.46 (38.49)		
13:22.16 (38.70)	14:01.95 (39.79)	14:41.03 (39.08)	15:20.53 (39.50)		
15:59.12 (38.59)	16:38.02 (38.90)	17:15.34 (37.32)	17:53.91 (38.57)		
18:30.38 (36.47)	19:05.69 (35.31)				