

**SWIM WALES SUMMER OPEN
SESSION TIMES**

23rd – 29th JULY 2015

Day	Session	Warm Up	Start	Estimated Finish
Thursday 23rd	1	08:00 - 08:50	09:00	10:40
	2	11:00 – 11:50	12:00	14:20
	3	16:00 – 16:50	17:00	17:50
Friday 24th	4	08:00 - 08:50	09:00	11:50
	5	12:00 – 13:00	13:10	14:50
	6	16:30 – 17:20	17:30	18:20
Saturday 25th	7	08:00 – 09:00	09:15	11:40
	8	12:00 – 13:00	13:15	16:40
	9	17:00 – 17:50	18:00	19:00
Sunday 26th	10	08:00 – 09:00	09:15	12:00
	11	12:15 – 13:15	13:30	15:35
	12	16:00 – 16:50	17:00	18:00
Monday 27th	13	08:00 – 09:00	09:15	11:35
	14	11:45 – 12:35	12:45	15:25
	15	17:00 – 17:50	18:00	18:50
Tuesday 28th	16	08:00 – 08:50	09:00	10:55
	17	11:00 – 11:50	12:00	14:00
	18	14:30 – 15:20	15:30	16:30
Wednesday 29th	19	08:00 – 09:00	09:15	11:25
	20	12:00 – 12:50	13:00	13:45