



# Swim Wales New Year Swimming Pentathlon Championships

**Saturday 9<sup>th</sup> January 2016**

Wales National Pool  
Swansea, SA28QG

01792 513633

events@swimming.org  
www.swimwales.org

# Table of Contents

I.	<b>Meet Summary</b> .....	2
	Objectives	
	Venue	
	Licence number	
	Entry Criteria	
	Fees	
II.	<b>Event summary</b> .....	3
	Age bands	
	Qualifying times	
	Event Schedule	
	Medals and Awards	
III.	<b>Entry conditions</b> .....	4
	Meet Conditions	
	General Conditions	
IV.	<b>Meet Administration</b> .....	5
	Coaches Passes	
	Withdrawals	
	Refunds	
	Swimmer sign in	
	Marshalling	
	Call Room	
	Photography	

## Meet Summary

---

For 2016 the Swim Wales New Year meet will have a change of format to a Swimming Pentathlon event. The Swim Wales New Year Swimming Pentathlon Championships is a level 3 open long course (50m) meet aimed at development swimmers. The meet is designed to encourage development swimmers to compete in a variety of disciplines and avoid specialization early in their swimming career.

All meet information can be found at the following webpage: <http://www.swimwales.org/events/swim-wales-new-year-meet-2016.aspx?date=2016-01-09>

**Licence no: 3WL16-0018**

**Venue:** Wales National Pool, Swansea, SA2 8QG. Please use the following web link for all information relating to the venue including car parking fees, on site facilities and general venue information.

<http://www.walesnationalpoolswansea.co.uk/about/eventspoolclosures/>

### Entry Criteria

Entry will only be accepted from competitors who hold a valid membership of Swim Wales, ASA or SASA, or competitors from one of the countries affiliated to FINA.

Entry will be by means of an online system requiring instant payment via PayPal, debit/credit card. Overseas entry will be made via email using the 'overseas entry form' located at the event webpage.

Entry will open: **7am Monday 16th November 2015.**

Entry will close: **Noon Wednesday 16th December 2015**

Entry will only be open to swimmers who have not qualified to swim in the Swim Wales National Short Course Championships. **Please note that if a swimmer is/was eligible to swim in ANY event in the Swim Wales National Short Course Championships 2015 then they are NOT eligible to swim in ANY event in the Swim Wales New Year Swimming Pentathlon Championships.**

### Fees

Individual event: £6.50

All 5 events: £25

Coach pass/ Team Manager pass: £10 per application

Spectators: £3 per session, £7 per day (all 3 sessions)

## Event Summary

---

### Ages for competition

Male and Female: 9, 10, 11, 12, 13, 14, and 15 (as of 31<sup>st</sup> December 2016)

Heats will be swum seeded by time regardless of age.

## Event Schedule

<b>Saturday 9<sup>th</sup> January</b>
Session 1: Morning
F 100m Butterfly (all age groups) M 100m Butterfly (all age groups) F 100m Backstroke (all age groups) M 100m Backstroke (all age groups)
Session 2: Afternoon
F 100m Breaststroke (all age groups) M 100m Breaststroke (all age groups) F 100m Freestyle (all age groups) M 100m Freestyle (all age groups)
Session 3: Evening
F 200m IM (all age groups) M 200m IM (all age groups)

Swim Wales New Year Swimming Pentathlon: Upper cut off times												
Males							Females					
9/10	11	12	13	14	15	EVENT	9/10	11	12	13	14	15
No	1.14.10	1.14.10	1.09.70	1.06.20	1.03.90	<b>100m Free</b>	No	1.14.70	1.14.70	1.10.90	1.09.10	1.08.10
Upper	1.36.20	1.36.20	1.30.30	1.24.80	1.21.60	<b>100m Breast</b>	Upper	1.36.20	1.36.20	1.31.20	1.27.80	1.25.40
Cut	1.24.30	1.24.30	1.19.00	1.14.60	1.10.40	<b>100m Fly</b>	Cut	1.24.70	1.24.70	1.19.70	1.17.30	1.15.40
Off	1.24.30	1.24.30	1.19.70	1.15.10	1.12.00	<b>100m Back</b>	Off	1.24.40	1.24.40	1.20.00	1.17.40	1.16.10
Time	3.02.40	3.02.40	2.52.90	2.44.70	2.37.70	<b>200m IM</b>	Time	3.02.50	3.02.50	2.53.40	2.49.20	2.46.00

## **Medals and awards**

Awards will be given to the swimmers ranked from 1st to 3<sup>rd</sup> on the ranking list produced for each age group for boys and girls when the cumulative times from all five events (pentathlon) have been collated. Awards will not be given for individual events within the pentathlon.

## **Entry Conditions**

---

### **Meet Conditions**

Entry will only be open to swimmers who have not qualified to swim in the Swim Wales National Short Course Championships. **Please note that if a swimmer is/was eligible to swim in ANY event in the Swim Wales National Short Course Championships 2015 then they are NOT eligible to swim in ANY event in the Swim Wales New Year Swimming Pentathlon Championships.**

### **General conditions**

General meet conditions can be found on the meet webpage

## **Meet Administration**

---

### **Coaches/ Chaperones/Team Manager Passes**

Coaches/Chaperones/ Team Managers will not be allowed on poolside without a valid meet pass. All applicants must hold a current Swim Wales/ ASA/ SASA membership and CRB check. Annual Coaches Passes issued to Welsh Clubs can be used at this event.

#### **Competition Pass costs:**

One coaches pass - £10

One Head Coaches Pass & 1 Team Manager Pass - £20

An application form can be found on the meet webpage. Closing date for Applications 16th Dec 2015

### **Meet Withdraw Procedure**

Swim Wales no longer require withdraw from heat events. Lanes will be swum empty where a competitor is not present

### **Refunds**

Refunds for Entry Fees will only be made on receipt of a Valid Doctors Certificate.

## **Marshalling**

**Heats:** Swimmers **must** report to poolside marshalling located adjacent to the changing village entrance. Swimmers should follow the directions given by the Steward. It is the swimmers responsibility to report in good time.

## **Photography**

- (a) During the competition professional photography, video or the media appointed by Swim Wales maybe present. Any photographs taken maybe published.
- (b) When the competition involves young persons under the age of 18 years all types of photographic/videoing equipment (including a mobile phone with image capturing facility) should be registered on arrival. Photographic bands should be visible when using any equipment.