



Torfaen Dolphins

Bristol Level 2 Meet
Sunday 21st June

Fathers Day Relay

Don't delay

Enter our FREE fathers day

Relay today

Bristol@torfaendolphins.com

4 X 50M FREESTYLE (dads only)

PRIZE FOR THE WINNING TEAM





LONG COURSE SESSION TIMES AND WARM UP SCHEDULE

SATURDAY JUNE 20th			
Session	Warm Ups	Session Start	Estimated Finish
1	8:15-8:40 Girls 8:40-9:05 Boys	9:15	12:30
2	1:00-1:25 Boys 1:25-1:50 Girls	2:00	4:30
SUNDAY JUNE 21st			
Session	Warm Up	Session Start	Estimated Finish
3	8:15-8:40 Boys 8:40-9:05 Girls	9:15	12:30
4	1:00-1:25 Girls 1:25-1:50 Boys	2:00	5:00