**Cardiff Bay Sprint Meet**

**4th of July 2015**

**INTERNAL ENTRY FORM**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Last Name |  | | First Name |  | |
| WASA No |  | D.O.B. |  | M/F |  |
| Address |  | | | | |
| Age (on 4th July 2015) | |  | Tel |  | |
| Email Address | |  | | | |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Event No | Distance | Stroke | Entry Time | LC/SC |
|  | 50m | Freestyle |  |  |
|  | 50m | Backstroke |  |  |
|  | 50m | Breaststroke |  |  |
|  | 50m | Butterfly |  |  |
|  | 50m | Kick |  |  |

|  |
| --- |
| Minimum Age 9 & over  Entry Fee : £5.00 per 50m Stroke Event. All 5 50m races £20.00  Otherwise Kick race £3.00. Total Amount £  **Electronic Entries Only (All entries to be made through your club).**  200m I.M. is held as a ”final” for the top 10 swimmers in each age group on a points total from all four 50 m events (excluding the Kick Race) |
| **TO BE COMPLETED BY THE COMPETITOR :** |
| I declare that the above particulars are correct and agree to abide by the conditions laid down. |
| I accept that there will be no refunds. |
| SIGNATURE OF PARENT/GUARDIAN……………………………………………………………….Date:……………….. |
| I declare that only our team members who have reached the standard of the ASA Competitive Start Award will be permitted to start from the poolside. Those who have not will start in the water. |
| **Closing Date: 24th May 2015** |
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